

PARISH NURSING INTEREST GROUP (PNIG) NEWSLETTER



*Merry Christmas
to you & your
family!*

Message from the President

Dear Members of PNIG

I have come so you will have life and have it abundantly (John 11:11)



I believe that I am very enriched by finding parish nursing as part of my own ministry. John 11:11 very much resonates with me because it applies to those with whom we minister and to ourselves. Parish Nursing is no longer a 'nice to have' within a faith community, I see it as essential. Our challenge is to inform all faith communities of the body-mind-spirit ministry that we represent.

Now, more than ever, as we stand on the threshold of 2016, our 'Ministry of Listening,' our 'Ministry of Caring Touch' is needed as never before. The Supreme Court of Canada decision on doctor-assisted death (suicide) and the plight of millions of refugees, strategically places us as parish nurses in a position where we can, collectively and individually, make an enormous difference.

I am very lucky to have an enthusiastic Vice-President to work with me this year. Anne-Marie Mohler is insightful, creative and enthusiastic to work alongside me to guide the PNIG during 2016.

I welcome your suggestions and advice as we plan for the next year. I hope that together we can build our membership to include all Ontario parish nurses. This will give us a more effective voice within RNAO as we face the challenges ahead.

The Executive of PNIG wishes each of you and your families a very Blessed and Happy Christmas; many Blessings for 2016.

God Bless,

Joanne Jasper

Notice: Education Committee

**Are you an educator?
Do you ascribe to life-long learning?**

PNIG is looking to set up an Education Committee to help organize educational sessions for members and to collaborate with other IGs. In this new age of the internet, sessions do not have to involve travelling. Setting up webinars and other virtual means of gathering people are all possible ways of sharing information. If you have ideas about what PNs might be interested in learning, please contact Joanne Jasper at joanne.ichm@outlook.com.



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Review of PNIG AGM - October 3, 2015

Written by: Jeanne Lambert

The St James Cathedral in downtown Toronto was the site of the 13th PNIG AGM and Education Day in October. Over 25 members arrived in the morning and participated in an opening gathering that included prayers, music and reflection from Rev. Canon Douglas Graydon.

PNIG members Gloria Wiebe and Lanadee Lampman hosted the event and looked after the planning and organizing for the day. Many thanks must go to these two women for preparing a successful day.

The AGM was held in one of the meeting rooms in the newly renovated Cathedral Centre – a bright and airy series of meeting spaces and offices. The meeting was presided over by Jeanne Lambert, Acting President, who led members through the agenda. There was much discussion of the budget, the bylaws and other pressing issues (*see minutes sent by separate mailing*).

A delicious buffet lunch was served and after the meal Gloria introduced the guest speaker, Joanne Davies. Joanne is an Anglican Priest and Chaplain for St. John's Rehab and Mt. Sinai Hospital. She gave an inspiring talk entitled *Creating Structures of Wholeness...A Chaplain's Perspective* and included powerful quotes and images in her presentation.

After the talk, the room was set up for the 'Tea for Two' fundraiser. Members of the Cathedral Health Council assisted Marion Franklin in serving the tea, sandwiches and sweets. Lanadee spoke about the challenges of victims of sex-trafficking and about the recipient of the donations – Covenant House, Toronto. The funds were ear-marked for the operation of a safe house that will be opening this winter for people who have been trafficked for sex and need a safe place. Over \$150 was donated to Covenant House. Here is a link for more information:

www.covenanthouseontario.ca/homeless-youth/Sex-Trafficking

As Jeanne had to step down as PNIG president, members acclaimed new President, Joanne Jasper and new Vice-President, Anne Marie Mohler, to the Executive. Jeanne will function as Past President. See more details about Joanne and Anne Marie elsewhere in this newsletter. (See pg 4 for the full listing of executive members and representatives.)

Another successful AGM and Education Day has passed. Kudos to Gloria and Lanadee for their work.

Next year, Anne Marie Mohler's parish will be hosting the PNIG AGM and Education Day in west-end Toronto. Watch the next newsletter for details.



AGM guest speaker Joanne Davies, left with PNIG Secretary-Treasurer, Ola Babalola, and Past-President, Jeanne Lambert.



At the AGM: from left to right:

Ola Babalola, Gloria Wiebe, Lanadee Lampman, Jeanne Lambert, Mary Lynch, Mary Shaw, and Joanne Jasper

Joanne Jasper, President

With Correspondent: Mary Lou DeTina

I coordinate the education program and support parish nurses and health committees that are partnered with InterChurch Health Ministries and have been a Parish Nurse since 2013.

I studied Parish Nursing through Trocaire College, University of Buffalo, and the International Parish Nurse Resource Centre in Memphis.

My calling to this Ministry was, in part, as a result of a request by a friend who is on the Board of Directors of I.C.H.M. She asked me if I would be interested in becoming a Parish Nurse. At the time, I was not working in nursing. I felt that this opportunity would bring together the faith and health aspects of nursing, which felt ideal at this point in my career.

I am very blessed to have 2 grown, married children. Martha, a nurse working in cardiac rehab, and husband Matt live in Peterborough and have 3 children. Nicholas, a French immersion teacher and his wife Kate live in Goderich. My best name is “Nana”.

During my term as president, I would like to see more nurses join or re-join PNIG. Perhaps there are strategies we could suggest to help the regional reps assist in bringing nurses into PNIG. There is strength in numbers.



Joanne Jasper, President

“It is a joy for me to be allowed to interface with compassionate faithful individuals who are represented by parish nurses, health committee members, congregants and clergy.”

Notice: Be a leader in your neighbourhood!

PNIG is in need of regional reps to help promote Parish Nursing, RNAO, and help to keep the Interest Group informed about what is happening in different parts of the province. Regions in need of reps are Region 4 which includes Peel, Halton, Waterloo, and Wellington.

If you can give a few hours each month to support PNIG please contact Joanne Jasper, President at joanne.ichm@outlook.com.

And Region 5 which is Grey-Bruce, south Simcoe, and Huronia-Muskoka-Parry Sound! If you live in either of these areas, please consider offering your help to your Interest Group.



Anne Marie Mohler, Vice-President

With Correspondent: Mary Lou DeTina

Thank you for entrusting me in the role of Vice-President. I live in Toronto Ontario, in the High Park neighbourhood and volunteer ten hours a week as parish nurse in my home church, Windermere United, with the assistance of a supportive minister and health committee. Prior to that, I was Parish Nurse at St. John's Anglican Church, West Toronto. During my ministries, I completed a congregational health survey, held a community health fair, and developed a health and wellness resource library and numerous HR policies.

I completed my Faith Community Nursing Foundations course in 2013 and the Faith Community Coordinator's course in 2015. Both my programs were completed by distance education through IPNRC and West Kentucky University. Throughout my career, I have held a number of positions working with seniors, and supporting individuals with disabilities, mental health and chronic illnesses.

I am married and have four adult children and three grand children. Three of my four adult children are blind and two have multiple complex needs. They live full and meaningful lives in their own homes with our ongoing support, prayers and advocacy. As a nurse and family caregiver, I am concerned about better access to home care and a national strategy for mental illness.

I look forward to working with the PNIG executive, supporting PNIG members and sharing my passion for this calling.

I wish everyone a joyful and blessed Christmas. Contact me anytime at the email below.

Anne Marie: parishnursewindermere@bellnet.ca



Anne Marie Mohler, Vice-President

“Professional affiliations and membership include RNAO, Gerontological Nursing Association, Canadian Association of Parish Nursing Ministries, Health Ministries Association, InterChurch Health Ministries, and Parish Nursing Ministries UK. I feel we have much to learn and share with our colleagues internationally.”



Queen's Park on the Road, Durham Northumberland Region, Nov 2015
Mary Lynch, PNIG Membership Coordinator on right; w/ from left to right, RN Julia Fineczko, the political and action officer for the Durham chapter of RNAO, Ola Babalola, PNIG Secretary Treasurer, meet with Jennifer French, MPP for Dundas Northumberland, holding Ola's baby Joy.

Education Opportunities

Foundations in Parish Nursing

– July 8-14, 2016

Institute for Ongoing Formation,
St. Peter's Seminary, London, ON:

Summer Week Long Residency and Foundations
Plus

On-Line Course: The Parish Nurse: Facilitating Wholistic Health Through The Lifespan

Dates for Online Course — Dayton VLCFF Cycle 4:
May 22 - June 25th, 2016

Five Week Course Consists of the following topics

Session One: Wholistic Health of Children, Adolescents,
and Young Adults

Session Two: Wholistic Health of Middle and Older Adults

Session Three: Caring for Families in the Faith Community

Session Four: Impact and Management of Chronic Illness
on Families

Session Five: End of Life Transitions

VLCFF Registration: Opens April 6th and closes May 18th, 2016

On-Line Course: The Parish Nurse as Counsellor and Spiritual Companion

Dates for Online Course – Dayton VLCFF Cycle 7:
October 16th to November 19rd, 2016

Five Week Course consists of the following topics

Session One: Pastoral Care / Spiritual Care Giving

Session Two: Counselling in Parish Nurse Ministry

Session Three: Grief, Loss and Suffering

Session Four: Mental Health and the Parish Nurse

Session Five: Wholistic Health Promotion: The Parish
Nurse as Facilitator of Wellness

VLCFF Registration opens August 31 and closes October 12th, 2016

For more information on the above programs visit: www.ichm.ca

To register contact: joanne.ichm@outlook.com

Like us on Facebook: ICHM Canada

Faith Community Nursing Coordinator Course

Become a Faith Community Nurse Coordinator:
An RN who oversees, educates and supports practicing
faith community nurses. Coordinators organize, plan
and sustain the viability of this health ministry within
a congregation or healthcare organization.

Six-week self-paced classes meet in a vibrant and
interactive online learning environment. Visit the
website for upcoming class dates and Kentucky
Board of Nursing continuing education
information. wku.edu/ll/fcn-cc

Contact: Anne Marie Mohler at

parishnursewindermere@bellnet.ca

or Carol Bradford at carol.bradford@wku.edu

Upcoming ICHM webinars:

Restorative Practice

January 19th – 7:30 to 9:00

– Janis Buck PN and Anne Martin, Shalem Mental
Health Network

The roots of 'health and healing'

and the historical evolution into the congregation
development model and the role of the parish
nurse.

April 19th

– Rev Henry Fischer

OUR VISION

The spiritual dimension is central to parish nursing

as we assist individuals and groups to integrate

life experience with faith as they journey toward

wholeness and health.

Get Involved...

Notice:

Call to Action

Are you interested in Policy and Political Action?

Carmen James-Henry has been our Policy and Political Action Executive member (PPAN) for many years and we thank her! Since she has stepped down, there is a need for another to step up! According to the leadership manual, the role of the PPAN is to be the leader responsible for the group's advocacy efforts, and the point person for political action activities. Their role includes:

- Meetings with politicians as part of Queen's Park Day and Queen's Park on the Road (QPOR)
- Acting on and disseminating Action Alerts to members and engaging them on issues of concern to nurses and nursing students
- Providing a strong voice for nursing during elections, by connecting with candidates and organizing health-care all-candidates debates.

If this sounds like something you can help with, please contact:

joanne.ichm@outlook.com



Notice

Making ENDS Meet

What do regional reps do?

Regional Representatives help the Interest Group to focus – RNAO calls these ENDS – they are essentially, goals!

And PNIG needs to do all we can to help RNAO achieve these goals. In order to maintain our group and receive funding through RNAO, PNIG needs to report on these goals regularly. Can you think of ways that we, as Parish Nurses, Faith Community Nurses can help to meet these ENDS?

END #1: Engage with registered nurses and nursing students to stimulate membership and promote the value of belonging to their professional organization.

END #2: RNAO advances the role and image of nurses as members of a vital, knowledge-driven, caring profession, and as significant contributors to health.

END #3: RNAO speaks out on emerging issues that impact on nurses and the nursing profession, health and health care.

END #4: RNAO influences healthy public policy to positively impact the determinants of health, supporting Medicare and strengthening a publicly funded, not-for-profit health-care system.

If this sounds like something you can help with, please contact: joanne.ichm@outlook.com

Parish Nurse Retreat 2016

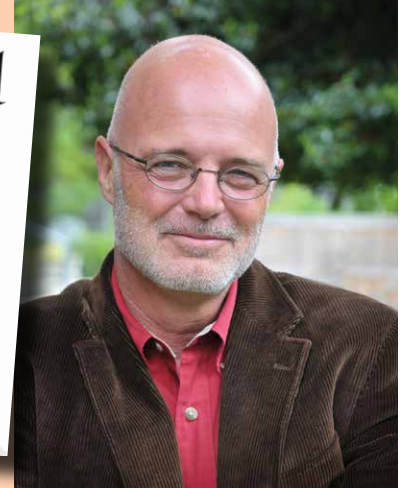
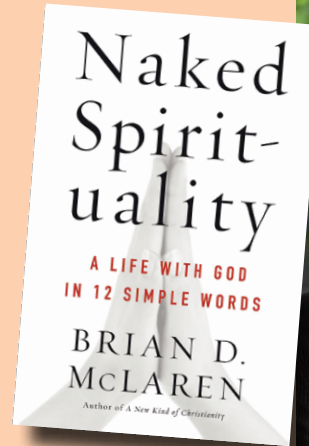
Vital Connection

March 4-6th, 2016

How to increase our vital connection to God.
Reflections on Brian D. McLaren's book *Naked Spirituality: a Life with God in 12 Simple Words*.

To be held in Jackson's Point Conference Centre
in Jackson's Point, Ontario.

For more information contact: Maryanne info@ichm.ca



OUR OBJECTIVES

- *As an interest group of RNAO to actively support the initiatives of RNAO*
- *To provide a forum for communication and exchange of ideas*
- *To promote awareness of the role of parish nurses and serve as a liaison with RNAO, CNA, and other groups in promoting certification of parish nurses*
- *To maintain corporate membership in the Canadian Association for Parish Nursing Ministry (CAPNM)*
- *To promote professional support for parish nurses*
- *To encourage the formation of liaison groups throughout Ontario*
- *To support implementation of standards of practice for parish nursing*
- *To encourage participation of parish nurses in education and research*
- *To develop Best Practice Guidelines (BPG) for spiritual care*

How to Become a Member of PNIG

Any practicing or non-practicing registered nurse or nursing student who is a member or associate member of the Registered Nurses Association of Ontario may, upon application, become a member of the PNIG. The application and fee payment is made through RNAO. For information on registration, contact RNAO at 416-599-1925 or toll free 1-800-268-7199; www.rnao.org; email info@rnao.org.

When registering, be sure to state your desire to join the Parish Nursing Interest Group.



For the Next Newsletter:

- **What is happening in your ministry?** Send us a picture from a recent event.
- **Want to introduce yourself to the membership?** Tell us why spiritual care matters to you.

Word limit: 200-250 words. Email this along with a photo of yourself to: communications@pnig.rnao.ca

Your PNIG Executive

PRESIDENT: Joanne Jasper
joanne.ichm@outlook.com

VICE-PRESIDENT: Anne Marie Mohler
amohler@sympatico.ca

SECRETARY AND TREASURER: Ola Babalola
divine_love25@hotmail.com

MEMBERSHIP OFFICER: Mary Lynch
marylynch@live.ca

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shannon@calvaryguelph.com

NEWSLETTER: Jeanne Lambert
jmlambert@tdgraham.com

POLICY/ POLITICAL ACTION OFFICER:
Vacant

PAST PRESIDENT: Jeanne Lambert

Your PNIG MEMBERS-AT-LARGE

Region 1 rep: Michelle O'Rourke
michelle@selahresources.ca

Region 2 rep: Michelle O'Rourke
michelle@selahresources.ca

Region 3 rep: Mary Lou DeTina
mldetina@gmail.com

Region 4 rep: Representative needed

Region 5 rep: Representative needed

Region 6 rep: Gloria Wiebe
gwiebe@stjamescathedral.on.ca or gloriawiebe@sympatico.ca

Region 7 rep: Lanadee Lampman
lanadee@rogers.com

Region 8 rep: Mary Lynch/Ola Babalola

Region 9 rep: Mary Wyllie
akw@queensu.ca

Region 10 rep: Mary Shaw +CAPNM
mbshaw@rogers.com