

PARISH NURSING INTEREST GROUP (PNIG) NEWSLETTER



Message from the President

This time of year is full of hope and promise for all the wondrous beauty of God's creation. As I worked in the gardens yesterday and trimmed back the forsythia bush, I thought of the many new Canadians from Syria, Libya and South Sudan who will be experiencing the change of seasons for the first time. I pray that they see the hope and promise that I do at this time of year.

We are also planning for the growth of the Parish Nurse Interest Group of RNAO. We are increasing our profile with the introduction of a Twitter site. This widely popular platform, in addition to our website, will broaden our online presence. We are also investigating changes to our website in an effort to demonstrate the importance of having a bigger voice for faith-based nursing practice.

Please plan to join us for the Networking Breakfast at the RNAO Conference and Annual Meeting on Saturday, May 7th at 8 am at the Hilton Hotel, 145 Richmond Street Toronto. I hope to speak with you there!

President, Joanne Jasper

P.S. please monitor your email inbox for a link to a survey for Parish Nurses.



Joanne Jasper welcomes group to 2015 Parish Nurse Retreat at the Jackson's Point Conference Centre on beautiful Lake Simcoe. The retreat for 2017 is on the weekend of March 4-6. All parish nurses, health committee members and others interested in a winter retreat are warmly welcome to attend.

CAPNM conference:

The start of the 2016 CAPNM Conference and AGM is approaching!

Come and join your colleagues from across Canada in the heart of Toronto, ON

The theme for this year is "Embracing Life's Rhythms: Loving God, Loving Neighbour, Loving Self"

Mark the dates in your calendar: June 2 - 5, 2016. The deadline for early bird registration is May 1st!!

Website of interest & inspiration:

Health Matters Now

This is a blog from Parish Nurse Judy Johnson with interesting topics. Visit:

healthmattersnow.net

Join us at the RNAO AGM and PNIG Breakfast - May 7!
At the Hilton Hotel
145 Richmond St.,
Toronto. See details at:
rnao.ca

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Visit us at: **pnig.rnao.ca**

Policy and Political Action Representative Report



Julie Rebel, President, Ontario Gerontological Association, Cheri DiNovo, MPP, Wayne Gates, MPP, Joanne Jasper, President, PNIG and Anne-Marie Mohler, PN at the RNAO Conference in Queen's Park

A warm welcome to our VP Anne-Marie Mohler as our PPA Rep!

President Joanne, Communications ENO Shannon and I attended the Queen's Park Day (QPD) and Assembly February 25 and 26th. We had an opportunity to network and meet other IG and President Chairs. We sat down with MPPs Cheri Di Novo and Bill Gates over breakfast to talk about RN replacement, NP compensation, independent RN prescribing and locating Care Co-ordinators in primary care.

We also had a chance to watch Question Period from the public gallery. This year QPD took place on the same day the budget was unveiled which addressed some of RNAO advocacy issues: health services and investment, affordable housing, poverty, and the environment.

In the afternoon, we heard from Minister of Health Eric Hoskins, PC Health Critic Jeff Yurek, PC MPP Bill Walker, Deputy NDP Leader Jagmeet Singh and NDP MPP Cindy Forster. We also heard from the province's auditor-general Bonnie Lysyk. She was invited to talk about her review of Community Care Access Centres, which RNAO has recommended be devolved under the LHINs.

Assembly day was an opportunity to hear administrative and financial reports and listen to IG profiles. There were

opportunities to ask questions and raise concerns. In the afternoon we had five virtual tours with various journalists that shared their expertise on communicating key messages and various health issues they cover.

I participated in the RNAO policy and political action teleconference February 2. Discussion centered on federal and provincial activities and Queen's Park Day. The next teleconference was April 2, 2016. I provided some advocacy highlights from our last PNIG ENDS report. Please continue to forward action alerts to your MPP.

On a final note, I was in Wales this spring and made connections with PN Ministry UK; Joanne and I are meeting with our AGM guest speaker in April in preparation for PNIG AGM October 1, 2016. We will keep you updated through upcoming newsletter.

Blessings! Hope to see many of you at the June CAPNM Conference.

Your VP,
Anne-Marie Mohler

Notice: Education Committee

Are you an educator? Do you ascribe to life-long learning?

PNIG is looking to set up an Education Committee to help organize educational sessions for members and to collaborate with other IGs. In this new age of the internet, sessions do not have to involve travelling. Setting up webinars and other virtual means of gathering people are all possible ways of sharing information. If you have ideas about what PNs might be interested in learning, please contact Joanne Jasper at: joanne.ichm@outlook.com.



PNIG member survey

Let your voice be heard!

PNIG is conducting a survey to help grow and promote Parish Nursing on Ontario.

Watch your email inbox for the link!

Education Opportunities

Institute for Catholic Formation Parish Nursing Education

Foundations in Parish Nursing

July 8th - 14th, 2016

Institute for Ongoing Formation,
St. Peter's Seminary, London, ON:
Summer Week Long Residency and
Foundations Plus

On-Line Course: The Parish Nurse: Facilitating Wholistic Health Through The Lifespan

Dates for Online Course – Dayton VLCFF Cycle 4:
May 22nd - June 25th, 2016

Five Week Course Consists of the following topics

Session One: Wholistic Health of Children, Adolescents, and Young Adults

Session Two: Wholistic Health of Middle and Older Adults

Session Three: Caring for Families in the Faith Community

Session Four: Impact and Management of Chronic Illness on Families

Session Five: End of Life Transitions

VLCFF Registration: Opens April 6th and closes May 18th, 2016

On-Line Course: The Parish Nurse as Counsellor and Spiritual Companion

Dates for Online Course – Dayton VLCFF Cycle 7:
October 16th - November 19th, 2016

Five Week Course consists of the following topics

Session One: Pastoral Care / Spiritual Care Giving

Session Two: Counselling in Parish Nurse Ministry

Session Three: Grief, Loss and Suffering

Session Four: Mental Health and the Parish Nurse

Session Five: Wholistic Health Promotion: The Parish Nurse as Facilitator of Wellness

VLCFF Registration opens August 31 and closes October 12th, 2016

For more information on the above programs contact:

Catherine Leach, Administrative Assistant

email: cleach4@uwo.ca

online: www.stpetersseminary.ca/Programs/Parish-Nursing/21

Tel: 1-888-548-9649 or 519-432-1824, ext. 281

ICHM Parish Nurse Education

Annual Foundations in Faith Community Nursing Education Program at Emmanuel College

October 15th, 22nd, 29th and November 5th 2016

This is a four-Saturday program. This curriculum, from the Westberg Institute for Faith Community Nursing in Memphis, TN, was updated in December, 2014 with two new modules, "Spirituality" and "Behavioural Health."

For more information or to register contact info@ichm.ca
or Contact: joanne.ichm@outlook.com

Workshops

Other Educational Opportunities from ICHM

Thanh Campbell: "Orphan 32"

Location: Peoples Church

May 14, 2016 at 12 o'clock noon

You are cordially invited to lunch followed by a talk/book signing with Thanh Campbell, "Orphan 32." Thanh will re-tell his compelling story of being one of the last babies airlifted out of Vietnam. He will speak of his life after being adopted by a family in Hamilton and how he relates to the refugees now arriving in Canada.

For more info: www.ichm.ca.

Into the Light: Walking – with a Parish Nurse toward better Mental Health

Saturday September 24, 2016.

Location: Peoples Church, 374 Sheppard Avenue East

This Continuing Education, day-long event will be held at Peoples Church. The event will showcase some of the leading experts in mental health research and how their research can impact the 'generalist' work of the Parish Nurse. We know that 1 in 5 Canadians will suffer from some form of mental illness. This is a huge motivator for researchers who have made it a mission to find new and innovative ways to treat the myriad of mental illnesses and how one specific illness can present very differently in different individuals.

For more info: www.ichm.ca

Events:

RNAO AGM and PNIG Breakfast – May 5, 6, 7!

Join your colleagues for an Interest Group meeting and continental breakfast as part of the RNAO 91st AGM. At the Hilton Hotel, 145 Richmond Street Toronto. See RNAO website for details.

2016 CAPNM Conference and AGM – June 2 - 5, 2016

“Embracing Life’s Rhythms: Loving God, Loving Neighbour, Loving Self” at St. Michael’s College, 30 Bond Street, Toronto. Deadline for early registration: May 1st! www.capnm.ca/AGM_2016.htm

ACTheals is an international, ecumenical association providing resources and support to Christian Health Care Providers. Their next international conference is in Toronto **Sept. 22-25**. For more info: www.actheals.org

Save the date: **PNIG Annual General Meeting is set for Saturday, October 1st, 2016** at Windermere United Church located at 356 Windermere Avenue in west Toronto. Mark the date on your calendar!

Our guest speaker will be Mardi Tindal, former Moderator of the United Church of Canada. Mardi is well known and multi-talented in many aspects of spirituality and ecology. Her talk will be *The Courage to Nurse: Practices to Sustain the Soul*.

Opinion Piece:

How do Current Issues affect your Parish Nursing Practice?

Special submission from Mary Lynch

In my parish in March, we were pleased to have Dr Moira McQueen LLB, M.Div, PhD, from the Canadian Catholic Bioethics Institute, present to almost 200 people on “What is wrong with Euthanasia? The Catholic response to Physician-Assisted Death”. For more information about Dr McQueen and the CCBI, check out the web:

www.ccbi-utoronto.ca

As Parish nurses we must be fully aware of the fears of our parishioners and inform them of their rights to good palliative care, medical care, surgical or psychiatric care. Some seniors or frail parishioners are afraid to go into hospital for much needed treatments.

Let us all pray for all human beings.

May God bless us all,

Mary Lynch, RN, Parish Nurse

For the Next Newsletter:

- **What is happening in your ministry?** Send us a picture from a recent event.

- **Want to introduce yourself to the membership?** Tell us why spiritual care matters to you.

Word limit: 200-250 words. Email this along with a photo of yourself to: communications@pnig.rnao.ca

Your PNIG Executive

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