

# PARISH NURSING INTEREST GROUP (PNIG) NEWSLETTER



Anne-Marie Mohler

## Message from the President

Dear members,

Summer has arrived.

2018/2019 will be a year of change and transition as we implement the new RNAO Interest Group (IG) structure and executive guidelines. Because our PNIG AGM was previously set for April 21, 2018, RNAO home office allowed us a transition period to phase in the changes.

One of the changes being introduced is online elections. With this

transition, PNIG elections will be held next year between June 1st and August 1st, 2019. Online elections applies to all Chapters and Interest Groups and the intent is to provide better equity and transparency for all members to participate and be nominated for an executive position.

There are also new guidelines related to communication processes which include: new IG webpage, new email system, and social media platforms. The learning curve is steep but manageable. At our PNIG AGM this year we recommended recruiting the Student Executive Network Officer (ENO) and Social Media ENO positions. These are important new roles that will help us grow and manage the changes more effectively. If you know a student undergrad and or a member with social media expertise please have them contact me. You can find the executive guidelines on the RNAO website at [myrnao.ca](http://myrnao.ca) and on the PNIG website.

Wishing you all blessings for a safe and relaxing summer. I look forward to seeing you at our fall PN education Day in October.

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## Report from Communications ENO

Submitted by Gloria Wiebe

For several years our AGM has been scheduled to coincide with the RNAO AGM, but this year the significance of this seemed more noteworthy and perhaps a reason for us to continue with this practice. As a practicing nurse and for our interest group, I witnessed the benefits and impact to a greater degree. A quote highlighted this year, of Florence Nightingale, speaks to this:

We celebrated RNAOs and PNIGs collective accomplishments to nursing, and were energized and inspired by guest speakers. As consultation representative, we discussed, debated and accepted thirteen resolutions. Most importantly was the resolution authored by Elsie Millerd and submitted on behalf of PNIG and the Waterloo Chapter on Spiritual Dimensions of Care. (See Article on Resolution, pg. 3)

PNIG has been chosen to be the honorary hosts of the 2019 AGM, and Ardys Brenneman and I had the opportunity to welcome members back to next year's AGM to be held on April 12th, 2019.

*"There is no magic in the word association ... We must never forget that the 'individual' makes the association. What the association is depends on its members... It is she, who must each in her own measure, give life to the association, while the association helps her".*

Attendance was small for our AGM held which was hosted at St. James Cathedral Centre, but we shared past achievements with enthusiasm and planned with optimism for the coming year. We have a capable and dedicated executive, but important positions are vacant, Policy and Political Action ENO, Student ENO and representatives for Region 2, 3, 5, 6, 9 and 10. Please consider what you can contribute and receive as an executive



member. The resolution to change our name to Faith Community Nursing Interest Group (FCNIG) requires a friendly amendment to the background so did not get passed. A decision on this will be made shortly by the executive for approval.

Let us learn from the wisdom of Florence Nightingale, our Associations can only be successful with the full participation of our members. Plans are being made for an education and networking day in October. You will receive notice of details shortly, save the date and plan to attend.

## RNAO passes resolution on Spiritual Care at AGM

Here's the report from the Waterloo Chapter. Kudos go to all those who helped to prepare this important piece.

From Elsie Millerd – In its final version the resolution read

*"THEREFORE BE IT RESOLVED that RNAO integrates the spiritual dimensions of care in the development of frameworks, practice guidelines and position statements related to client care."*

The resolution was crafted by Karen Watson and myself and before it went to the resolution committee for acceptance it was tested through the PNIG and Waterloo Chapter. Both of these groups gave it strong support and agreed to put the resolution forth so it was submitted on behalf of the Parish Nursing Interest Group and the Waterloo Chapter. Everyone who talked with us was

excited about the resolution, especially the members of the Mental Health Interest Group. This group would like to see us do another resolution on wholistic health and so include mental health as they feel that this is also sorely missing in our care planning. Once the resolution got to the floor there was little discussion aside from the above suggestion and it passed unanimously.



## Assembly 2018

*Submitted by Anne-Marie Mohler*

On February 23, I attended Assembly along with Gloria Wiebe and May Tao. Assembly is an opportunity to hear from the RNAO President, and CEO, as well as all members present through a More Voices (MV) Q & A session.

Members bring their questions and concerns forward at the microphone. Assembly meetings also include time to network with Interest Group/Chapter Chairs from other regions which is very worthwhile. New policies and processes were discussed, as well as profile presentations from the new Retired Nurses' IG and Nurse Practitioners' IG. There was discussion on the new changes in the executive network structure and executive guidelines that RNAO is implementing.

I met several student undergrads and talked with them about parish nursing. All IG/Chapters are looking at how to attract Student ENOs to the executive as per new guidelines. At the Assembly meeting, PNIG was chosen to host the RNAO AGM in 2019! This is a great opportunity to enhance our profile.

## Queen's Park Day 2018



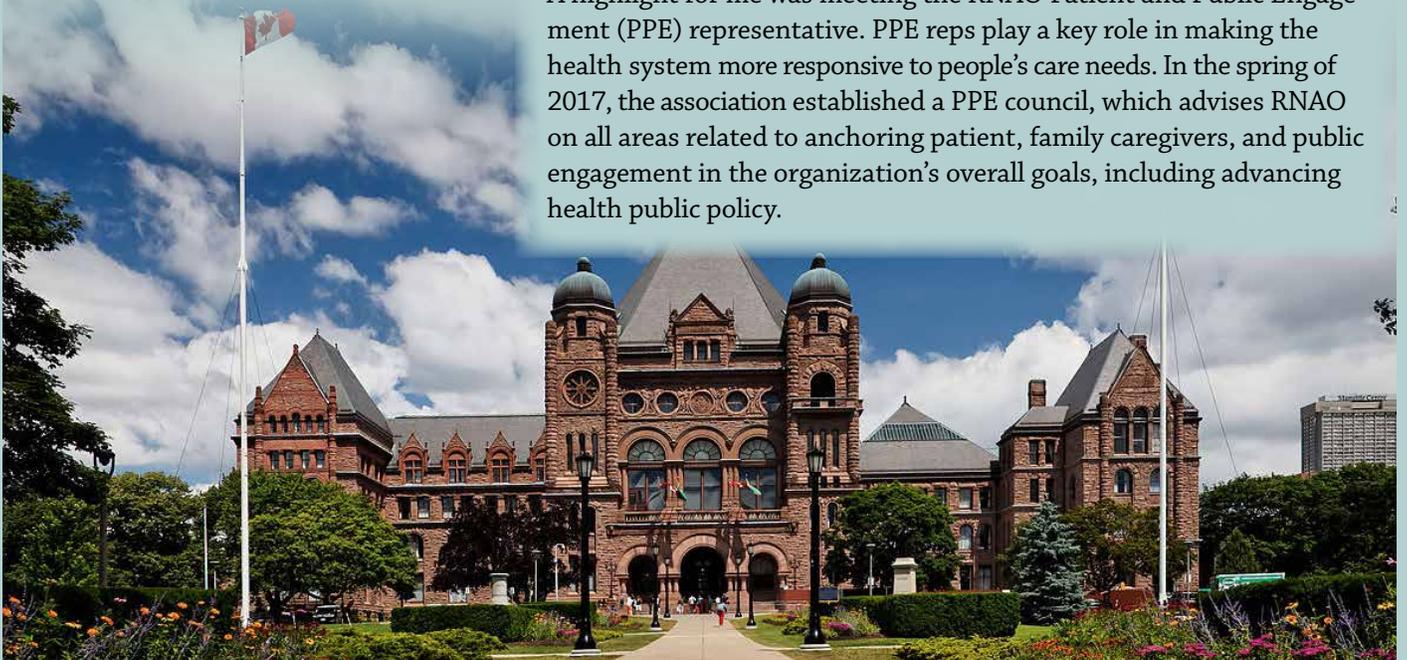
*Queen's Park Day breakfast attendees (left to right): Vic Fedelli Interim PC leader, Kamala Persad-Ford, Susan Gapk, Sanja Visekruna and Anne-Marie Mohler.*

*Submitted by Anne-Marie Mohler*

In February, I attended Queen's Park Day and Question Period. I had an opportunity to speak with Interim PC leader Vic Fedelli at the MPP breakfast. Our assigned group discussed RN replacement, RN prescribing, staffing levels and staffing mix in long-term care centres, lack of affordable housing, and single pay pharmacare.

In the afternoon, we heard from health critics from all political parties as well as the Minister of Health regarding how they would include the RNAO imperatives in their election platforms. At the end of the day a panel discussion was held on homelessness with guest speakers Cathy Crow, Joe Cressy City Councillor, and a young man named Shawn who shared his personal story of living on the streets.

A highlight for me was meeting the RNAO Patient and Public Engagement (PPE) representative. PPE reps play a key role in making the health system more responsive to people's care needs. In the spring of 2017, the association established a PPE council, which advises RNAO on all areas related to anchoring patient, family caregivers, and public engagement in the organization's overall goals, including advancing health public policy.



## Canadian Association of Parish Nursing Ministry (CAPNM) Report

*Submitted by Ardys Brenneman,  
Parish Nurse at Steinmann Mennonite Church, Baden, ON.*

The theme of the CAPNM conference was “Soaring to Greater Heights: Renewing our Strength”. This motto was achieved throughout the weekend.

On Thursday, May 24th, a Reception featured two games that encouraged all attendees to get to know each other. One game called for answers to questions about Parish Nursing Ministry. There proved to be diverse responses and many giggles resulted. Humour as self healing was evident. We all enjoyed the wine & cheese as well as our networking.

Friday morning at 07:45hrs, the shuttle bus transported us to Taylor College. Rick, from Taylor College, provided us with devotions regarding Psalm 23. He emphasized the trust we can have that God is always with us even in the shadow of death. On Saturday, Rick lead our worship again giving us reassurance that God is with us through all of life’s trials.

Three AGM sessions were held on Fri. and two on Sat. The renaming of our association was discussed but no changes made at this time. The plans are to improve the web site within the year 2019.

The featured speaker, Tim Neubauer, took us through the weekend speaking about “Compassion Fatigue: Helping the Helper”. He included the following topics: The Cost of Caring, Looking in the Mirror, Building our Personal Resilience and Healthier Communities of Care. It

maintained a flow of ideas and each session built on the previous topic. He encouraged some deep examination regarding how we take care of ourselves. Tips on self care were shared. It was a healing time for all, I believe. Tim says “Building personal and community resilience better prepares us for the unpredictable traumas and disasters that can occur in life!”

Sat. night featured Catholic Mass followed by a Western BBQ, which was delicious. Then a local author told us stories about her life with a handicapped foster child and about writing Christian Romances. She also ended the evening by leading us in a fun time of line-dancing. There was lots of laughter again!

On Sunday morning, the final AGM session included minor business details followed by the installation of the new Board of CAPNM.

Sun. morning worship was led by Helle Tees and her Pastor Ricki at the Holiday Inn. The songs were sung with enthusiasm. The River written by Brian Doerksen was sung at every worship time. The sermon/homily was based on Isaiah 40:21 – 31. The questions and answers in this scripture were discussed by the pastor. The talk was reassuring of a Compassionate God who is always with us. We went outdoors to enjoy a bag lunch on the picnic tables of the Holiday Inn.

A special thank you goes to the wonderful Western Hospitality of the planning committee – It was great!

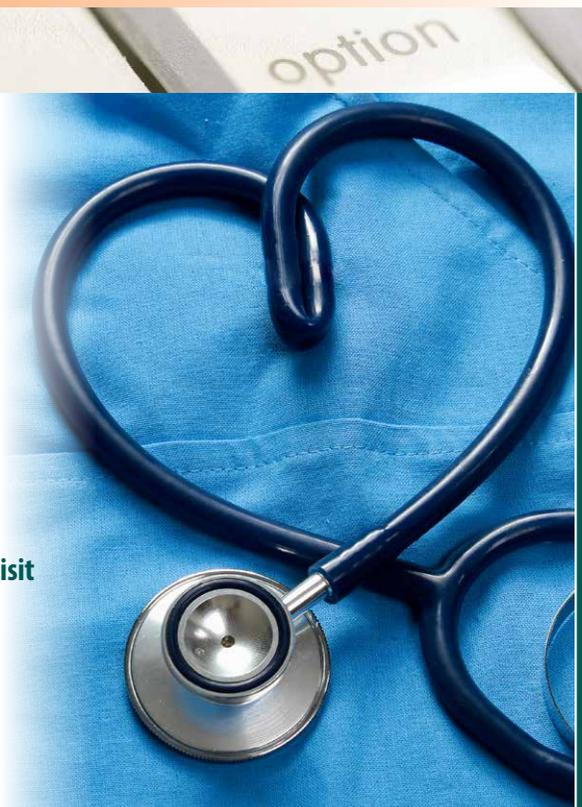


*From left to right:  
Anne Wilcox, Judy Johnson, Maureen Preston, Faye Brekelmans, and Kathy Dempsey-Glegloff*

## Education Opportunities



**ST. PETER'S  
SEMINARY**  
INSTITUTE FOR ONGOING FORMATION



Are you a nurse interested in incorporating spirituality in her present nursing practice or interested in learning about parish nursing and establishing a parish nurse ministry in a faith community?

For more information about this comprehensive educational program visit [www.stpetersseminary.ca/Programs/Parish-Nursing/21](http://www.stpetersseminary.ca/Programs/Parish-Nursing/21)  
Or contact Program Coordinator Louise Trapp at [ltrapp@rogers.com](mailto:ltrapp@rogers.com)

### ***Foundations in Parish Nursing:***

Upcoming On-line Course – Fall 2018

### **The Parish Nurse as Counsellor and Spiritual Companion:**

Registration Period: September 5th to October 17th, 2018

Course Dates: October 21st to November 24th, 2018

This course is ideal for nurses that are interested in pursuing a certificate in parish nursing, nurses interested in incorporating spirituality into their current nursing practice as well as parish nurses who are looking for insightful and interactive on-line professional development,

For more information visit:

[www.stpetersseminary.ca/Programs/Parish-Nursing/21](http://www.stpetersseminary.ca/Programs/Parish-Nursing/21)

Contact **Catherine Leach,**

Administrative Assistant for Foundations in Parish Nursing

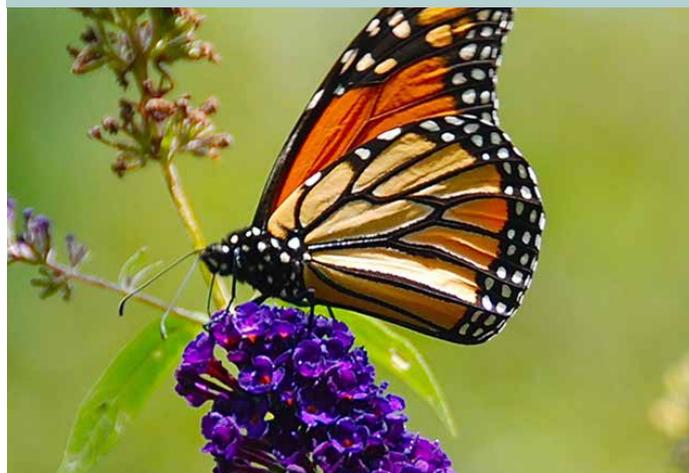
Email: [cleach4@uwo.ca](mailto:cleach4@uwo.ca)

Tel: 1-888-548-9649 or 519-432-1824 ext 28

### ***Update on Interchurch Health Ministries (ICHM)***

Past PNIG President Joanne Jasper has recently retired from her position at ICHM. A new Board of Directors has been established since their AGM. The BOD will be developing their education programs to focus on congregational health and healing. Parish Nursing Education program development is still being determined.

Anyone interested in learning more about ICHM programs and offerings, please contact Henry Fisher at [hjfisher@rogers.com](mailto:hjfisher@rogers.com).



Report from one Parish Nursing group

# The London and Area Parish Nurse Network:

Save the date  
for the  
3rd Annual

## London and Area Prayer Shawl Retreat on Oct 13th, 2018

at Lambeth United Church, London, ON.

To register for this event or for more information  
about the London and Area Parish Nurse Network  
contact: Louise Trapp at [ltrapp@rogers.com](mailto:ltrapp@rogers.com).



### For the Next Newsletter:

- **What is happening in your ministry?** Send us a picture from a recent event.
- **Want to introduce yourself to the membership?** Tell us why spiritual care matters to you.

Word limit: 200-250 words. Email this along with a photo of yourself to: [communications@pnig.rnao.ca](mailto:communications@pnig.rnao.ca)

**Send photos of your PN event and make sure they are high resolution (300ppi or 1MB+ preferred)!**

**We are still in need of qualified people to fill the following vacancies: President-elect and Regions 2, 3, 5, 6, 9 & 10. If you know of someone who would be interested please pass this newsletter along and/or have them contact Anne-Marie at [amohler@sympatico.ca](mailto:amohler@sympatico.ca).**

### Your PNIG Executive

**PRESIDENT: Anne-Marie Mohler**  
[amohler@sympatico.ca](mailto:amohler@sympatico.ca)

**PRESIDENT-ELECT: *position vacant***

**PAST-PRESIDENT /NEWSLETTER: Jeanne Lambert**  
[jmlambert@tdgraham.com](mailto:jmlambert@tdgraham.com)

**SECRETARY/TREASURER: Ola Babalola**  
[divine\\_love25@hotmail.com](mailto:divine_love25@hotmail.com)

**MEMBERSHIP OFFICER: Mary Lynch**  
[marylynch@live.ca](mailto:marylynch@live.ca)

**COMMUNICATION OFFICER: Gloria Wiebe**  
[gwiebe@stjamescathedral.on.ca](mailto:gwiebe@stjamescathedral.on.ca) or [gloriawiebe@sympatico.ca](mailto:gloriawiebe@sympatico.ca)

**POLICY/ POLITICAL ACTION OFFICER:**  
**Lydia Tarasiuk** [ltarasiuk@me.com](mailto:ltarasiuk@me.com)

**EDUCATION COORDINATOR – Ardys Brenneman**  
[rickardys@hotmail.com](mailto:rickardys@hotmail.com)

### Your PNIG MEMBERS-AT-LARGE

**Region 1 rep: Jo Dee Brown**  
[freelegged@gmail.com](mailto:freelegged@gmail.com)

**Region 4 rep: Ardys Brenneman**  
[rickardys@hotmail.com](mailto:rickardys@hotmail.com)

**Region 7 rep: May Tao**  
[may.tao@toronto.ca](mailto:may.tao@toronto.ca)

**Region 8 rep: Mary Lynch and Ola Babalola**  
[marylynch@live.ca](mailto:marylynch@live.ca) and [divine\\_love25@hotmail.com](mailto:divine_love25@hotmail.com)

**Region 11 rep: Dot Klein**  
[dot.klein@persona.ca](mailto:dot.klein@persona.ca)

**Vacancies for Regions 2, 3, 5, 6, 9 & 10**

**If you know of someone who would be interested please contact Anne-Marie at [amohler@sympatico.ca](mailto:amohler@sympatico.ca)**